



Natalie Nguyen, PTA

After working as a PT aide for more than 5 years, I decided to become a PTA. As I observed each patient's rehabilitation process, it opened my eyes to the importance of physical therapy. I was inspired to pursue a career where I could make a difference in others' lives, and help them overcome physical challenges to achieve their goals.

Born and raised in Southern CA, I am eager to bring my skills, compassion, and enthusiasm to the CTS Team. I believe in a patient-centered approach, and strive to create personalized treatment plans that promote recovery and well-being.

Outside of work, I enjoy staying active through hiking, playing pickleball, and discovering new restaurants and cuisines.