



Sarah Wisher, PTA

I am an Orange County native who has taught Pilates for the past 12 years. After my own experience with pelvic floor therapy, I decided to make the career change to physical therapy.

I earned my B.S. in Gerokinesiology from CSU Fullerton in 2018. Working at California Therapy Solutions was the beginning of my PTA journey. It has been exciting to learn and grow in my new position.

Outside of the clinic, I enjoy being outdoors. You can find me on my paddleboard, hiking, and camping. In 2022, I started adventuring out to national parks and I have been to 6 parks as of October 2023.